



**Course Unit: 923820 - Option 1- Intervention in Social Work- Old People**

Year 2 Semester 1 ISCED Code: 762 ECTS: 5

Type of Course Unit: Optional Delivery Mode: Face-to-face Language of Instruction: Portuguese

**COURSE COORDINATOR: Miguel da Conceição Bento**

**HOURS OF WORK**

TOTAL HOURS	Contact Hours								Hours in autonomous work
	Theory	Theory and practice	Practical and laboratory work	Field work	Seminar	Internship	Tutorial guidance	Other	
125		50					10		65

Prerequisites (if applicable): <<Max 500 characters with spaces>>

**LEARNING OUTCOMES (knowledge, skills and competence)**

1. Contribute to the development of the critical analysis of social problems in different areas and public intervention of the Social Worker;
2. Provide reflection on specific issues related to the work of the Social Work professional related to the elderly;
3. To understand the complexity of the care and monitoring of social situations in the scope of the practice of Social Work with elderly people;
4. To deepen the learning and applicability of the intervention methodologies in Social Work;
5. To prepare in terms of theoretical and methodological support for the various curricular internship experiences to be developed by students in different institutional contexts, and in particular of the internships that take place in institutions that have the elderly person within their scope of intervention.

**CONTENTS**

Thematic Block

1. The areas and sectors of intervention of the Social Service
2. The professional practice of the Social Worker in the various areas and sectors of intervention
3. The skills and professional functions of the Social Worker
4. The attendance and monitoring of social situations

Block of operation

5. Social responses for the elderly
6. The roles of the social worker in supporting the elderly
  - 6.1. The roles of the social worker in the context of the various social responses for the elderly
  - 6.2. The mediation functions of the social worker with informal social supports
    - 6.2.1 - Families
    - 6.2.2 - Neighborhood Networks and Friends
  - 6.3. The mediation functions of the social worker with formal social supports
    - 6.3.1 - Health Units (Health Centers, Hospitals and Continuing Care Units)

### 6.3.2 - Public services

### 7. Care and follow-up with the elderly and families with elderly people

#### 7.1 - The elderly as subject of human and social rights

#### 7.2 - Maltreatment and the Elderly

## DEMONSTRATION OF THE CONTENTS COHERENCE WITH THE COURSE UNIT'S LEARNING OUTCOMES

The coherence between the objectives of this curricular unit and its contents is demonstrable by their correspondence, articulation and sequentiality.

### Thematic Block

Program content 1. Areas and sectors of intervention of Social Service / Objectives 1 and 4

Program content 2. Professional practice of the Social Worker in the various areas and sectors of intervention / objective 2, 4 and 5

Program content 3. The professional functions of the Social Worker / Objectives 2, 4 and 5

Programmatic content 4. The attendance and monitoring of social situations / objectives 3, 4 and 5

### Block of operation

Program content 5. Social responses for the elderly / objective 1.4 and 5;

Program content 6. 6.The roles of the social worker in supporting the elderly / objective 2.4 and 5

Program content 7. 7. Care and follow-up with the elderly and families with elderly / objective 3.4 and 5

Program content 8. Work in partnership and empowerment / objectives 2, 3,4 and 5

## TEACHING METHODOLOGIES

Exploration of themes through expository methods by the teacher and active work dynamics involving students;

- Simulation and resolution of practical cases related to the programmatic contents, in classroom context;
- Sharing of experiences and presentation to the group of conclusions of work carried out in small groups;
- Encouragement of autonomous research-oriented work and information collection, later worked and presented in the classroom;
- Use of information, communication and multimedia technologies to support the teaching - learning process.

## DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES

The methodologies for teaching learning and evaluation should contribute to the development of professional, general and specific skills, namely the promotion of teamwork and the encouragement of synthesis and communication skills.

## EVALUATION METHODS

The evaluation of the competences acquired in this course unit is continuous, formative and summative, contemplating:

- Written test
- Group work

## MAIN BIBLIOGRAPHY

Andrade, Alexandra Cristina Correia dos Santos (2014) Contextos e prática do Serviço Social com pessoas idosas em Serviço de Apoio Domiciliário (Dissertação de Mestrado), Lisboa, Universidade Lusófona

.Carlos, Sequeira (2010), Cuidar de idosos com dependência física e mental, Lisboa, Editora LIDEL

.Carvalho, Maria Irene Lopes (2011), Ética, Serviço Social e "responsabilidade social": o caso das pessoas idosas, Rev. katálysis Vol.14 Nº.2 Florianópolis

.Carvalho, Maria Irene Lopes (Cord.), (2013), Serviço Social no Envelhecimento, Lisboa, Editora PACT

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.Fernandes, A. A. (2001), Velhice, Solidariedades familiares e política social, Lisboa, Edições CELTA

.Guedes, Joana (2015), Viver num lar de idosos, Lisboa, Editora Coisas de Ler

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