

**Course Unit: 400370 - Clinical Training IV**

Year 4 Semester 2 ISCED Code: 0915 ECTS: 22,5

Type of Course Unit: Compulsory Delivery Mode: Face-to-face Language of Instruction: Portuguese

COURSE COORDINATOR: Susana Cristina Costa Pestana

**HOURS OF WORK**

TOTAL HOURS	Contact Hours								Hours in autonomous work
	Theory	Theory and practice	Practical and laboratory work	Field work	Seminar	Internship	Tutorial guidance	Other	
562,5	-	-	-	-	-	385	-	-	177,5

Prerequisites (if applicable):

**LEARNING OUTCOMES (knowledge, skills and competence)**

- Develop observation skills in the context of professional practice and intervention in occupational therapy.
- Develop reviews, plan and carry out interventions and assess results by conducting Case Studies
- Plan intervention sessions.
- Participate in activities of the institution where the student is inserted
- Reflect on experiences / experiences provided by the Clinical Training.

**CONTENTS**

- Each student will be distributed by a Department / Service / Functional Area with clinical practice in occupational therapy.
- Presentation of the multidisciplinary team.
- Observation of the clinical practice of Occupational Therapist.
- Participation in the activities developed in the Occupational Therapy Service.
- Therapeutic attendance of three clients, two of which are presented as "Intermediate Case Study or Intermediate Clinical Case" and "Case Study".
- Performance evaluation.
- Development of all items of the "Intermediate Case Study or Intermediate Clinical Case" and its delivery.
- Development of all the items in the "Case Study" and its delivery, presentation and discussion.

**DEMONSTRATION OF THE CONTENTS COHERENCE WITH THE COURSE UNIT'S LEARNING OUTCOMES**

- Demonstrate knowledge and understanding of methodologies for evaluation, planning and intervention in the various learning contexts of Departments / Services of clinical practice in occupational therapy.
- Use standardized and non-standard screening tools to determine the need for occupational therapy intervention. This includes, but not limited to, specific screening reviews, clinical observation, checklists, life stories, interviews with the client / family / significant people and consulting with other professionals.
- Identify methodologies for planning and intervention, through therapeutic activities.
- Recognize the importance of the planning phase and intervention as the key in the whole approach in Occupational Therapy,

allowing the collection of information to evaluate results.

Solve problems through logical thinking and critical analysis.

### **TEACHING METHODOLOGIES**

Meeting between student and Clinical Educator.

Pedagogical supervision.

Sharing experiences.

### **DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES**

This course aims to develop core competencies for the provision of occupational therapy care, using a methodology of clinical practice.

### **EVALUATION METHODS**

Continuous Assessment (CA) - 1 Intermediate Case Study or Clinical Case; 1 Final Case Study; oral presentation of the Final Case Study; Performance Evaluation in clinical placement context. In all evaluation methods the minimum rating is 10 points. Approval: minimum grade of 10 points, in the weighted average of the evaluation methods. Only the final CU classification is obtained by rounding.

### **MAIN BIBLIOGRAPHY**

American Psychiatric Association (2014). *DSM-5 Manual de diagnósticos e estatística das perturbações mentais (5ª Ed.)*. Lisboa: Climepsi Editores.

Case Smith, J., & O'Brien, J. (2015). *Occupational Therapy for children and adolescents. (7th edition)*. Elsevier.

Padilla, R., Byers-Connon, S., & Lohman, H. (2012). *Occupational therapy with elders: strategies for the cota (3rd. Edition)*. Riverport Lane: Elsevier Mosby

Pendleton, H. M., & Schultz-Krohn, W. (2018). *Pedretti's occupational therapy: practice skills for physical dysfunction (8th edition)*. United States of America: Elsevier.

Taylor, R.R. (2017). *Kielhofner's model of human occupation: Theory and application (Fifth edition)*. Philadelphia: Wolters Kluwer Health.

Townsend, E., & Polatajko, H. (2007). *Enabling occupation II: Advancing in occupational therapy vision for health, well-being, justice through occupation*. CAOT. Ottawa.

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