

## Course Unit: 400343 - Occupational Dynamics I

Year 1 Semester 2 ISCED Code: 0915 ECTS: 4,5

Type of Course Unit: Compulsory Delivery Mode: Face-to-face Language of Instruction: Portuguese

COURSE COORDINATOR: Maria de Guadalupe Comparada Almeida

### HOURS OF WORK

TOTAL HOURS	Contact Hours								Hours in autonomous work
	Theory	Theory and practice	Practical and laboratory work	Field work	Seminar	Internship	Tutorial guidance	Other	
150	50	25	-	-	-	-	-	-	75

Prerequisites (if applicable):

### LEARNING OUTCOMES (knowledge, skills and competence)

In this course unit the student should demonstrate that it is able to:

- To contextualize and integrate concepts already acquired about occupation, occupational performance, significant occupation
- Know the activity analysis process
- Describe the dimensions of activity
- Experiencing different types of activities

### CONTENTS

Module 1 - activity influence on occupation base

Module 2 - Approach the business analysis process

Module 3 - activity Dimension

Module 4 - Process activity analysis

### DEMONSTRATION OF THE CONTENTS COHERENCE WITH THE COURSE UNIT'S LEARNING OUTCOMES

In the course Occupational Dynamic I will study the process of activity analysis and its paradigms. This will be decomposed in different phases and put into practice by observation, experiment and analysis of many types of activities.

It is intended to deepen the theoretical and practical knowledge of the activity so that in future it can be used as a therapeutic resource.

### TEACHING METHODOLOGIES

- Lectures and theoretical-practical
- Interactive Method, demonstration and exhibition, using audiovisual equipment
- Note, run / trial activities)

### DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES

Demonstrate knowledge and understanding of the structures, functions and powers of the individual at different levels and their

interaction with the performance of the activity.

• Analyze activities and occupations related to the different areas of performance. • Consider the influence of social conditions and ethical contexts the choice and involvement in the occupations.

## EVALUATION METHODS

Continuous Assessment (AC) - 1 individual written test (IWT) (minimum grade 8 points); 1 work group (minimum rating of 8 points). Approval: minimum grade of 10 points, in the weighted average of the evaluation tests. Only the final CU classification is obtained by rounding.

Final Assessment in Normal Season (NS) - Applies to students who do not opt for CA; 1 IWT minimum admissible rating: 10 points).

Final Assessment at Resource Season (RS) - Applies to students who have not passed CA and Final Assessment in NS; 1 IWT minimum admissible rating: 10 points. Improvements are contemplated in Final Assessment at RS.

## MAIN BIBLIOGRAPHY

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Hersch G., Lamport, N. & Coffey, M. (2005). Activity analysis – application to occupation (5th Edition). USA: Slack Incorporated.

Kielhofner, G. (2009). Model of Human Occupation. Baltimore: Lippincott Williams & Wilkins.

Kuhaneck, H., Spitzer S. & Miller E. (2009). Activity Analysis, Creativity and Playfulness in Pediatric Occupational Therapy: Making Play Just Right. USA: Jones & Bartlett Publishers

Lima, E. (2004). A análise de atividade e a construção do olhar do terapeuta ocupacional. Revista de Terapia Ocupacional da Universidade de São Paulo, 15 (2), 42-48.

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Year of implementation: 2019/2020 | Date of approval by the Technical-Scientific Board: 2019-12-18