

Course Unit: 400339 - New Methodologies in Occupational Therapy

Year 1 Semester 2 ISCED Code: 0915 ECTS: 4,5

Type of Course Unit: Compulsory Delivery Mode: Face-to-face Language of Instruction: Portuguese

COURSE COORDINATOR: Maria Raquel Rodrigues Santana

HOURS OF WORK

TOTAL HOURS	Contact Hours								Hours in autonomous work
	Theory	Theory and practice	Practical and laboratory work	Field work	Seminar	Internship	Tutorial guidance	Other	
112,5	40	20	-	-	-	-	-	-	52,5

Prerequisites (if applicable):

LEARNING OUTCOMES (knowledge, skills and competence)

In this course unit the student should demonstrate that he / she is able to:

Describe the reference frameworks and their application in TO

Understand the importance of case study methodology in the OT approach

Analyze different cases of occupational therapy intervention and fit them into the reference frameworks

Understand the impact of choosing approaches, techniques and activities for developing a person's occupational performance and lifestyle and their implications for the OT approach.

Critically examine the descriptive analysis presented in a scientific paper

CONTENTS

Occupational Therapy Reference Frameworks:

- Rehabilitation Framework
- Biomechanical Framework
- Neurodevelopmental Framework
- Sensory Integration Framework
- Cognitive Rehabilitation Framework
- Cognitive Behavioral Framework
- Psychodynamic Framework

International Classification of Functionality

Evidence-based practice in occupational therapy

DEMONSTRATION OF THE CONTENTS COHERENCE WITH THE COURSE UNIT'S LEARNING OUTCOMES

Articulate the importance of research for an evidence-based practice with the continuing development of the profession.

Articulate clinical reasoning taking into account occupational therapy reference frameworks.

Analyze and integrate in practice the international contributions in the education, research and practice of Occupational Therapy. Solve problems through logical and systematic thinking and critical analysis demonstrating the ability to produce assertive conclusions and sustained decisions.

TEACHING METHODOLOGIES

Theoretical and practical classes. Interactive and expository method, with slide show and use of multimedia projector. Worksheets will be carried out in order to identify the greatest difficulties and review the contents taught.

DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES

To articulate the importance of research for an evidence-based practice with the continuing development of the profession in pursuit of an individual and group development plan based on reasoning and clinical practice.

Aims to acquire concepts related to the development of Occupational Therapy practice, namely the reference frameworks.

EVALUATION METHODS

Continuous Assessment (CA) - 2 individual written test (IWT) (minimum grade 8 points). Approval: minimum grade of 10 points, in the weighted average of the evaluation tests. Only the final CU classification is obtained by rounding.

Final Assessment in Normal Season (NS) - Applies to students who do not opt for CA; 1 IWT minimum admissible rating: 10 points).

Final Assessment at Resource Season (RS) - Applies to students who have not passed CA and Final Assessment in NS; 1 IWT minimum admissible rating: 10 points. Improvements are contemplated in Final Assessment at RS.

MAIN BIBLIOGRAPHY

- Creek, J. (2010). Core concepts of occupational therapy: A dynamic framework for practice. London: Jessica Kingsley Publishers.
- Ikiugu, M. (2007). Psychosocial conceptual practice models in occupational therapy. Amsterdam: Elsevier.
- Schell, B., Glen, G., & Scaffa, M. (2014). Willard & Spackman's Occupational Therapy (12th edition). Philadelphia: Wolters Kluwer.
- Toglia, J. P., Rodger, S. A., & Polatajko, H. J., (2012). Anatomy of cognitive strategies: A therapist's primer for enabling occupational performance. Canadian Journal of Occupational Therapy, 79, 225-236. doi: 10.2182/cjot.2012.79.4.4
- Turpin, M., & Iwama, M.K. (2011). Using occupational therapy models in practice. Elsevier Churchill Livingstone.

Year of implementation: 2019/2020 | Date of approval by the Technical-Scientific Board: 2019-12-18