

Course Unit: 400335 - Theories and Foundations of Occupational Therapy

Year 1 Semester 1 ISCED Code: 0915 ECTS: 4,5

Type of Course Unit: Compulsory Delivery Mode: Face-to-face

Language of Instruction: Portuguese

COURSE COORDINATOR: Susana Cristina Costa Pestana

HOURS OF WORK

TOTAL HOURS	Contact Hours								Hours in autonomous work
	Theory	Theory and practice	Practical and laboratory work	Field work	Seminar	Internship	Tutorial guidance	Other	
112,5	40	20	-	-	-	-	-	-	52,5

Prerequisites (if applicable):

LEARNING OUTCOMES (knowledge, skills and competence)

- Understand the importance of basic history and philosophy of Occupational Therapy;
- Identify and describe the theoretical concepts that sustain occupational therapy and its importance to professional identity;
- Define and describe the occupational therapy process;
- Describe the clinical ratiocination and recognize its importance to the Occupational Therapy practice;
- Identify the variety of roles that the occupation therapist can assume on a international and national level.
- Knows and understands the importance of the basic history and philosophy of the occupational therapy profession;
- Understands the theoretical concepts that sustain occupation therapy namely the occupational nature of the human being and performance of his/her occupations;
- Values the development of Occupational Therapy specific knowledge and its importance for the profession's growth.

CONTENTS

- Historic perspective of Occupational Therapy
- Process in Occupational Therapy
- The clinical reasoning in Occupational Therapy
- Reference theoretical models
- Occupational Therapy professional models: Canadian occupational performance models and Human Occupation Model

DEMONSTRATION OF THE CONTENTS COHERENCE WITH THE COURSE UNIT'S LEARNING OUTCOMES

- Demonstrate knowledge about the meaning of Occupational Therapy.
- Understand the differences in the Occupational Therapy Process, according to the theories and underlying models.
- Relate the implications of Client-centred approach to the exercise of Occupational Therapy.
- List the different types of Clinical Reasoning with the Occupational Therapy Process.
- Understand the philosophy of Professional Models that guide clinical practice.
- Understand the importance of using a technical and specific terminology, which defines the identity of Occupational Therapy.

Solve problems through logical thinking and critical analysis and creativity, demonstrating the capacity to produce assertive conclusions and informed decisions.

TEACHING METHODOLOGIES

Theoretical and theoretical-practical lessons.

Narrative and expository method, with slideshow and use of multimedia projector.

Worksheets will be conducted in order to identify the main difficulties and make review of taught content.

DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES

In this course addresses theories are described, foundations and assumptions of occupational therapy, its historical development and deepen the content-level of technical and specific terminology.

EVALUATION METHODS

Continuous Assessment (CA) - 3 individual written test - 8 points maximum rating for each test. Course Unit (CU) approval: minimum grade of 10 points, in the weighted average of the evaluation tests. Only the final CU classification is obtained by rounding.

Final Assessment in Normal Season (NS) - Applies to students who do not opt for CA; 1 individual written test with minimum admissible rating of 10 points. Only the final CU classification is obtained by rounding.

Final Assessment at Resource Season (RS) - Applies to students who have not passed CA and Final Assessment in NS; 1 individual written test with minimum admissible rating of 10 points. Improvements are contemplated in Final Assessment at RS.

MAIN BIBLIOGRAPHY

Creek, J. (2010). Core concepts of occupational therapy: A dynamic framework for practice. London: Jessica Kingsley Publishers.

Hagedorn, R. (2007). Ferramentas para a prática em terapia ocupacional – Uma abordagem estruturada aos conhecimentos e processos centrais (1ªEd). São Paulo: Roca Lda.

Kielhofner, G. (2008). Model of human occupation theory and application (4rd Ed.). Baltimore: Lippincott Williams & Wilkins.

Marques, A., & Trigueiro, M.J. (2011). Enquadramento da prática da terapia ocupacional: Domínio e processo (2ª Ed.). Porto: Livpsic.

Taylor, R.R. (2017). Kielhofner's model of human occupation: Theory and application (Fifth edition). Philadelphia: Wolters Kluwer Health.

Townsend, E., & Polatajko, H. (2007). Enabling occupation II: Advancing in occupational therapy vision for health, well-being, justice through occupation. CAOT. Ottawa

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