

Course Unit: 400333 - Science Occupation

Year 1 Semester 1 ISCED Code: 0915 ECTS: 4,5

Type of Course Unit: Compulsory Delivery Mode: Face-to-face Language of Instruction: Portuguese

COURSE COORDINATOR: Maria de Guadalupe Comparada Almeida

HOURS OF WORK

TOTAL HOURS	Contact Hours								Hours in autonomous work
	Theory	Theory and practice	Practical and laboratory work	Field work	Seminar	Internship	Tutorial guidance	Other	
112,5	40	20	-	-	-	-	-	-	52,5

Prerequisites (if applicable):

LEARNING OUTCOMES (knowledge, skills and competence)

- Explain based on the evidence the relationship between occupation, health and well-being
- Discuss the importance of developing occupational and occupational roles played lifelong, framing them in different contexts human, social and political
- Discuss evidence-based concepts of justice and fairness occupational
- Discuss the importance and influence of the rise of Occupational Science in the scientific and philosophical and carrying out Occupational Therapy
- Develop an occupational narrative

CONTENTS

Definition of Occupational Science
Occupation concept:
Taxonomy of human occupation
Occupational Narrative
Spirituality, Occupation and Occupational Therapy
Equity and occupational justice
Relationship between Health, Occupation and Wellbeing
The relationship between Occupational Science and Occupational Therapy

DEMONSTRATION OF THE CONTENTS COHERENCE WITH THE COURSE UNIT'S LEARNING OUTCOMES

- Demonstrate the ability to relate the concepts relating to occupation of the sciences with life stories.
- Demonstrate the ability to frame the concepts relating to occupational science in historical contexts, philosophical, political and cultural, respective.
- Demonstrate knowledge and understanding of the current concept of health and its determinants.
- Understand the effects of dysfunction for the person in the context of family and society.

- Solve problems through logical thinking and critical analysis and creativity demonstrating ability to produce assertive conclusions and sustained decisions.

TEACHING METHODOLOGIES

Lectures and theoretical and practical. Narrative and expository method. Analysis / discussion of scientific articles; preparation of an occupational narrative; analysis / discussion of real cases in relation to occupational activities with the specific theories of occupational therapy and science.

DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES

This course addresses a brief historical perspective of the science of occupational therapy and occupation as well as the form, meaning and function of the occupation. It also explored evidence of the relationship between occupation, health and well-being.

EVALUATION METHODS

Continuous Assessment (CA) - 1 individual written test (IWT) (minimum grade 8 points); 1 work group (minimum rating of 8 points). Approval: minimum grade of 10 points, in the weighted average of the evaluation tests. Only the final CU classification is obtained by rounding.

Final Assessment in Normal Season (NS) - Applies to students who do not opt for CA; 1 IWT minimum admissible rating: 10 points).

Final Assessment at Resource Season (RS) - Applies to students who have not passed CA and Final Assessment in NS; 1 IWT minimum admissible rating: 10 points. Improvements are contemplated in Final Assessment at RS.

MAIN BIBLIOGRAPHY

Crepeau, E., Cohn, E., & Schell, B. (2011). *Willard/Spackman terapia ocupacional* (11ª Ed.). Guanabara Koogan.

Eagen, M., Green, M., & Gaudet-Amigo, G. (2003). *Discovering occupation: A workbook*. Ottawa: CAOT Publications.

Marques, A., & Trigueiro, M.J. (2011). *Enquadramento da prática da terapia ocupacional: Domínio e processo* (2ª Ed.). Porto: Livpsic.

Hocking, C. (2017). Occupational justice as social justice: The moral claim for inclusion; *Journal of Occupational Science*; 24(1), 29-42, doi: 10.1080/14427591.2017.1294016

Magalhães, L., Farias, L., Rivas-Quarneti, N. Alvarez, L., & Malfitano, A.P.S. (2018); The development of occupational science outside the Anglophone sphere: Enacting global collaboration; *Journal of Occupational Science*; doi: 10.1080/14427591.2018.1530133

Magalhães, L., Nayar, S., Pizarro, E.P., & Stanley, M. (2018) Ampliar el paradigma: Ocupación en distintos contextos, *Journal of Occupational Science*, 25(4), lxxxv-lxxxix, doi: 10.1080/14427591.2018.1551047

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