

Course Unit: 9500645 - Traineeship

Year 4 Semester 8 ISCED Code: 913 ECTS: 30

Type of Course Unit: Compulsory Delivery Mode: Face-to-face Language of Instruction: Portuguese

COURSE COORDINATOR: Rogério Ferrinho Ferreira

HOURS OF WORK

TOTAL HOURS	Contact Hours							Hours in autonomous work	
	Theory	Theory and practice	Practical and laboratory work	Field work	Seminar	Internship	Tutorial guidance		Other
840					32	504	8		296

Prerequisites (if applicable): The student must be approved in all previous clinical training

LEARNING OUTCOMES (knowledge, skills and competence)

The student is expected to:

1. Manage a self-learning project in line with your own needs, articulated for the purpose of the Internship
2. To function as a member of the care team, taking into account the organic-functional aspects of the same, the service / unit, and the institution where the internship takes place
3. To exercise the competences inherent in nursing practice, as recommended by the Nurses' Order
4. Use critically the results of research and other technical-scientific evidence (guidelines based on evidence)
5. To manage their daily clinical performance, taking into account the time they have and the priorities they establish in order to increase their efficiency without reducing the effectiveness of their general nursing interventions
6. Monitor the quality of the general nursing care provided and propose, manage and evaluate the results of measures to increase it
7. Self-evaluate your clinical performance

CONTENTS

Introduction to course unit.

Clinical performance / Traineeship and its evaluation

Seminar on introduction to professional life

DEMONSTRATION OF THE CONTENTS COHERENCE WITH THE COURSE UNIT'S LEARNING OUTCOMES

This Course unit aims to synthesize and consolidate all the learning built during the previous seven semesters, namely the development of the competencies of the general care nurse, defined by the Order of Nurses, meeting the nursing care quality standards, in conjunction with the "Dublin Descriptors".

The achievement of the above purpose will be achieved through the provision of general nursing care to the individual, family and community, at three levels of prevention, integrated in a nursing team, under the preceptory of a licensed nurse considered to be suitable for this mission.

In this context, the Introduction to Internship aims to provide students with the opportunity to develop their personal learning project in a clinical context, as well as the preparation of written work in the framework of EBP and the final report.

The IVP seminar will be comprised of para-professional activities related to employment, the Nurses' Order and trade unions

TEACHING METHODOLOGIES

- Lectures with discussion, online literature research practices, presentations of analysis of research articles.
- Clinical practice under preceptory.
- Tutoring
- Seminar

DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES

The clinical practice under preceptory will be the methodology used during the clinical performance inherent to the Traineeship, so it is transversal to all the learning objectives.

The same happens with tutoring by trainee mentors, during formative assessments (minimum of two).

Lectures with discussion, online literature research practices, presentations of research articles, seminars and student mentoring in the preparation of papers and clinical performance contribute to the achievement of the defined objectives.

EVALUATION METHODS

Considering the professional and academic nature of the learning outcomes, the evaluation is the result of the performance of the clinical practice (continuous evaluation) in conjunction with the evaluation of the public presentation, before a jury, of the critical trainee report, based on research results.

MAIN BIBLIOGRAPHY

Given the eminently practical nature of this course unit, and the diversity of nursing contexts and clinical problems in which students are stationed (various hospital services, USF, health centers, ...), there is no main bibliography.

However, it is recommended to consult frequently the indicated bibliography in the course units of the nursing of the previous seven semesters, as well as the frequent consultation of bases of full text (EBSCO, Cochrane Database of Systematic Reviews, National Guideline Clearinghouse, National Institute for Health and Clinical Excellence, The James Lind Library, ... and others opportunely indicated in the introduction Stage)

Despite its date of publication, it is recommended to read Benner, P. (1984). From novice to expert: Excellence and power in clinical nursing practice. Menlo Park, CA: Addison-Wesley, who provides an "image" of the nursing professional's construction path.

Year of implementation: 2019/2020 | Date of approval by the Technical-Scientific Board: 2015-07-28