

## Course Unit: 956332 - Models of Sports Organizations

Year 2 Semester 1 ISCED Code: 1014 ECTS: 4,0

Type of Course Unit: Optional Delivery Mode: Face-to-face Language of Instruction: Portuguese

COURSE COORDINATOR: António Miguel Bento Pereira

### HOURS OF WORK

TOTAL HOURS	Contact Hours								Hours in autonomous work
	Theory	Theory and practice	Practical and laboratory work	Field work	Seminar	Internship	Tutorial guidance	Other	
100	15	15							70

Prerequisites (if applicable):

### LEARNING OUTCOMES (knowledge, skills and competence)

- Understand the meaning and social function of sport in contemporary society;
- Develop and implement sports projects in various sports institutions;
- Understand the structures and social relations inherent in the sports phenomenon;
- Develop a critical sense in the way it organizes and streamlines the sports phenomenon;
- Understand the importance of developing and applying a sports card.

### CONTENTS

- Sport, culture and society: Sport Concept in Contemporary Society. Differences between sport, physical activity, sports physical activity, activity and physical education; Theories about the origin of modern sport;
  - European structures of sport; types of sporting activities
- Sports sectors;
- National and local sports card.
- Sporting Models: Pyramid and inclusive
- Training: training in sport; sports legislation (Law of bases of physical activity and sport):
- International and national sports organizations: federations, associations, clubs.
- Realization of sports organization projects.

### DEMONSTRATION OF THE CONTENTS COHERENCE WITH THE COURSE UNIT'S LEARNING OUTCOMES

In this course aims to frame the European sports model, the national structure and its sports sectors (including minorities in sport. Allowing subsequently analyze and interpret the national sports legislation in order to realize the national sports model and the development of . national and local sports letter this way are analyzed: artificial sports facilities (and their respective sports development indicators), natural spaces, sports associations, habits and physical condition and the human framework according to gender.

### TEACHING METHODOLOGIES

- Theoretic contents exposure;
- Analysis And discussion of principles, ideas, concepts and attitudes in small and large group,
- Research, Analysis, presentation and discussion of written and digital documents, conducted individually and in small groups.
- Preparation of portfolios and digital resources.

### **DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES**

Use of expository methodologies and unions (teachers / students / teachers) on the content, and the same broadcast by audiovisual and computer use in the classroom.

At the same time, you are prompted research paper on the contents with the use of internet (databases) and literature in order to be prepared / individual group work in the classroom and autonomous work. This type of approach requires students to present their results to the group / class with the respective supervision of teachers..

### **EVALUATION METHODS**

Theoretical evaluation (questions and respective debates, tests, group work and exam), and theoretical-practical (research work and research with the various sources

### **MAIN BIBLIOGRAPHY**

CARTA DESPORTIVA DO CONCELHO DE FERREIRA DO ALENTEJO (2009). Entidade Coordenadora: Escola Superior de Educação de Beja - Instituto Politécnico de Beja. Equipa Técnica: Nuno Loureiro, Luís Murta, Vânia Loureiro, Nelson Cano. Parceiro Local: Câmara Municipal de Ferreira do Alentejo. Edição: Câmara Municipal de Ferreira do Alentejo.

CONSTANTINO, José Manuel (2009). O Desporto e o Estado. Ideologias e Práticas. Porto: Edições Afrontamento.

MARIVOET, S. (2008). Ética do Desporto – Princípios, Práticas e Conflitos. Análise sociológica do caso Português durante o Estado Democrático do século XX. Tese de Doutoramento em Sociologia. Lisboa: ISCTE .

LIMA, J.; MARCOLINO, P. (2012). Manual Plano Nacional de Ética no Desporto. Edição Instituto Português do Desporto e Juventude, IP.

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