

Course Unit: 956328 - Pedagogy of Physical Activity and Sport

Year 2 Semester 1 ISCED Code: 1014 ECTS: 4,0

Type of Course Unit: Optional Delivery Mode: Face-to-face Language of Instruction: Portuguese

COURSE COORDINATOR: António Miguel Bento Pereira

HOURS OF WORK

TOTAL HOURS	Contact Hours								Hours in autonomous work
	Theory	Theory and practice	Practical and laboratory work	Field work	Seminar	Internship	Tutorial guidance	Other	
100	20	25							55

Prerequisites (if applicable): ---

LEARNING OUTCOMES (knowledge, skills and competence)

- To acquire skills of analysis of physical and sporting activity in a multidisciplinary perspective;
- Identify the structural and organizational principles of sports training process;
- To know the fundamental concepts and principles within the scope of sport pedagogy and physical activity in general;
- Understanding the complexity of the teaching-learning process;
- Know the phases of pedagogical decision-making process concerning educational situations
- Observe and analyze on the basis of data obtained from the best way of learning the athletes / students / practitioners.
- Perceive pedagogy as a profession in the field of education.

CONTENTS

Theme I - Education through Sport

Contribution of sports practice in personal, social and health education

Theme II - Historical and conceptual framework

Historical and conceptual approach to the Pedagogy of Sport and the object of Sports Pedagogy.

The various models of study and research in Pedagogy of Sport: paradigms of investigation and production of knowledge. The curriculum and its importance for the perception of pedagogy.

Theme III - Pedagogical Intervention in Sports Training and Physical Education.

Dimensions from pedagogical intervention and respective techniques

Theme IV - The Competence of Observation / Evaluation in Sport: Systems of observation in Physical Education and Sport.

Theme V - Ethical dimension of sport.

Theme VI - Education and pedagogical profession.

DEMONSTRATION OF THE CONTENTS COHERENCE WITH THE COURSE UNIT'S LEARNING OUTCOMES

In this course it is intended to check the object of pedagogy and its framework with some paradigms. Relate the various types of curriculum and fit them with the national structure. Both refer to the educational intervention of dimensions and the respective

associated techniques in order to relate them to the classes and sports training. In this context, the pedagogical feedback and lessons and training observation systems acquire greater importance. As well as the dimension that pedagogy has in education and profession in the field of sports and teaching.

TEACHING METHODOLOGIES

- Theoretic contents exposure;
- Analysis And discussion of principles, ideas, concepts and attitudes in small and large group,
- Research, Analysis, presentation and discussion of written and digital documents, conducted individually and in small groups.
- Preparation of portfolios and digital resources.

DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES

Use of expository methodologies and unions (teachers / students / teachers) on the content, and the same broadcast by audiovisual and computer use in the classroom.

At the same time, you are prompted research paper on the contents with the use of internet (databases) and literature in order to be prepared / individual group work in the classroom and autonomous work. This type of approach requires students to present their results to the group / class with the respective supervision of teachers..

EVALUATION METHODS

Theoretical evaluation (questions and respective debates, tests, group work and exam), and theoretical-practical (research work and research with the various sources

MAIN BIBLIOGRAPHY

Mesquita, I.; Bento, J. (2014). Professor de Educação Física: Fundar e Dignificar a Profissão. Editora FADEUP

Coelho, O. (2004). Pedagogia do Desporto. Lisboa: Livros Horizonte.

Pacheco, J.A. (2008). Organização curricular portuguesa. (org.). Porto: porto editora.

Sarmiento, P. et col. (2011) - Pedagogia do Desporto - Instrumentos de Observação Sistemática da Educação Física e Desporto. FMH. Lisboa. Edições FMH

Siedentop, D. (2008). Aprender a Ensinar La Educación Física. INDE 2

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