

## Course Unit: 956312 - Option I - Foreign Language - English

Year 1 Semester 1 ISCED Code: 0231 ECTS: 3,0

Type of Course Unit: Optional Delivery Mode: Face-to-face Language of Instruction: English

COURSE COORDINATOR: Maria João Ramos

### HOURS OF WORK

TOTAL HOURS	Contact Hours								Hours in autonomous work
	Theory	Theory and practice	Practical and laboratory work	Field work	Seminar	Internship	Tutorial guidance	Other	
75	10	20							45

Prerequisites (if applicable):

### LEARNING OUTCOMES (knowledge, skills and competence)

To develop language skills for professional contacts; to acquire and develop language skills in the professional area of sports.

### CONTENTS

Social and professional contacts; physical activity and leisure; sports.

### DEMONSTRATION OF THE CONTENTS COHERENCE WITH THE COURSE UNIT'S LEARNING OUTCOMES

The topics included in the syllabus were selected in order to foster the acquisition and/or development of the above mentioned oral and written communicative competences, according to the B1.1 level of the Common European Framework of Reference for Languages.

### TEACHING METHODOLOGIES

Reading and listening comprehension exercises; written work; speaking activities and vocabulary consolidation within relevant communicative situations.

### DEMONSTRATION OF THE COHERENCE BETWEEN THE TEACHING METHODOLOGIES AND THE LEARNING OUTCOMES

This course unit has a predominantly practical nature, based on intensive oral and written practice aiming at achieving the previously defined objectives

### EVALUATION METHODS

Various tasks of listening and written comprehension and written and oral production.

### MAIN BIBLIOGRAPHY

- Evans, V., Dooley, J. & Graham, A. (2012), Career Paths: Sports. Student's Books 1-3+ Audio Cds. Newbury: Express Publishing.
- Redmond, Alan e Warren, Sean (2012), English for Football. Student's Book + MultiROM. Oxford: Oxford University Press.
- Harding, K. & Appleby, R. (2013) International Express (Pre-intermediate). Student's Book with DVD-ROM. Oxford: Oxford University Press.

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